

March 24, 2026 1:30pm – 4:45 pm
Speaker: Brian Nelson-Palmer



Calm In Chaos - Successfully Prioritize, Focus, & Get It DONE When You're Drowning & Everything's "Important"

Continuing on our progress from the workshop, “Worth Your Time - The Missing Formula to Prioritize & Create More Time,” we’re excited to deepen your skills with our next session: “Calm in Chaos - Successfully Prioritize, Focus, & Get It DONE When You're Drowning & Everything's 'Important.'” This is your chance to tackle the complexities that come with managing multiple projects and responsibilities head-on.

Unpacking the Problem

If you’ve ever felt overwhelmed by permits that are about to expire, inspections that get delayed, unpredictable supply chain deliveries, employee challenges or customers adding last-minute requests, this workshop is for you. With everything feeling urgent and important, you may find yourself hopping between tasks without making any significant progress.

The true challenge isn’t just the chaos itself—it’s about mastering a systematic approach to stay organized and focused amid external disruptions.

This Workshop Will Be a Game-Changer If You Have Ever:

- Felt immobilized when looking at your tasks, unsure of where to begin because every item appears equally urgent.
- Started your day without a clear priority, only to be distracted by one “fire” after another.
- Struggled to keep up with important follow-ups while managing numerous projects and moving parts.
- Found it challenging to keep customers satisfied during delays, especially when their projects seemed straightforward at first.

In This Intensified Session, You Will:

- Implement the 5-Step "Gladiator Calm in Chaos™" Process: Using your actual task list, learn how to organize and prioritize effectively so that you always know what’s next on your agenda.
- Differentiate Between Urgency and Importance: Gain insights into how these concepts differ, equipping yourself with a framework to determine what truly deserves your attention and when.
- Master Your Task List: Develop a systematic approach to organizing your priorities, identifying what can be delegated, delayed, or even dropped altogether. Freeing up your time will allow you to concentrate on tasks that only you can manage, making a tangible impact on your productivity.

Why You Should Attend



This workshop isn't just about handling chaos; it's about transforming the way you approach your daily tasks and projects. By embedding these strategies into your routine, you'll build resilience against disruption and enhance your effectiveness as a service or office manager.

Don't let the chaos overwhelm you!

About the Presenter:

Meet Brian Nelson-Palmer, a productivity expert and the founder of Productivity Gladiator®. He specializes in empowering leaders to enhance their skills, enabling them to achieve higher performance without burnout. His acclaimed TEDx talk on time management, an “Editor’s Pick” by TED, gained remarkable traction, receiving 150 times more views in two weeks than most talks do in a lifetime. Brian also hosts the popular Productivity Gladiator podcast and book club.

Diagnosed with Type 1 Diabetes at age four, Brian was told his life would be significantly shorter. This motivated him to maximize every moment while managing life's responsibilities. He excels at work and thrives personally, whether he's teaching fitness classes, drumming in a rock band, or enjoying family life—all while maintaining high performance in his career.

What began as a personal system for managing his busy life has transformed into Productivity Gladiator®, a framework that has helped countless individuals enhance their time management and leadership skills.